

## Cauliflower Salad

1 head organic romaine lettuce or approximately 5 ounces organic spring greens

1 1/2 cup cauliflower broke into small pieces

2 Tablespoons turkey bacon, cooked and cut into small pieces (optional)

2 Tablespoons grated Parmesan cheese (optional)

### Dressing:

1/2 cup gluten free organic mustard

1 large lemon, juiced

1 clove garlic, chopped fine or squeeze through garlic press

1/2 cup Extra Virgin Olive Oil or grape seed oil

### Directions:

Tear lettuce into bite size pieces and toss with remaining ingredients.

Blend together first 3 dressing ingredients. Wisk in oil until blended well and pour over salad, mixing thoroughly.