



# LAVENDER

## Restful and Radiant

Regarded for its relaxing and peaceful fragrance, Lavender is well-suited for many everyday applications. Though it has long been valued for its calming properties, don't underestimate the utility of this floral phenomenon.

Botanical name: *Lavandula angustifolia*

Origin: France



## BENEFITS

- Is widely used for calm and relaxation
- Diffuse at bedtime to promote sleep
- Helps moisturize skin
- Certified Organic

## INGREDIENTS

100% pure organically-grown *Lavandula angustifolia* flower oil. Certified organic by Ecocert.

## RECOMMENDED USE

Essential oils may be used aromatically or topically in a variety of ways including diffusers, massage, compresses, baths, scrubs, lotions and sprays. Essential oils should be diluted with Nature's Sunshine Massage Oil or Carrier Oil before applying topically.

## COMPLEMENTARY PRODUCTS

Flower Essences, Nature's Fresh Enzyme Spray, Aroma Ball Plug-in Diffuser

## LAVENDER

### Restful and Radiant

Product Stock Number: **3847-6 (15ml)**

**NATURE'S SUNSHINE®**