

## Spaghetti aka Zucchini Pasta

1 - 2 Zucchini, (optionally peeled)

Cut the zucchini into thin noodles using a vegetable spiral slicer, or Saladacco spiral slicer, or vegetable peeler to create long ribbons or 'fettuccine'.

Variations:

Place in a mixing bowl and 'toss' or top with one of the following options.

- 2-4 tablespoons pesto
- Marinara sauce with added nut meatballs.