

Sweet Potato Casserole

1 ½ cups pecans (soaked and dried on a paper towel) or 1 ½ cups walnuts (soaked and dried on a paper towel)

4 cups peeled and chopped sweet potatoes

½ cup water

½ cup dates, soaked for about 20 minutes

1 teaspoon cinnamon

1 teaspoon vanilla

½ teaspoon salt

¼ cup honey

Put sweet potatoes, ½ cup nuts, dates cinnamon and vanilla in food processor with the S-blade and puree until smooth. Pour into a serving dish. In another bowl, mix 1 cup nuts with salt and honey, and sprinkle over the sweet potato mixture.