

Turmeric Curcumin (formerly CurcuminBP)

(60 VegCaps) Stock #: 238 Regular Price: 53.95 \*Use code "NSP" to save 25% off your first order



Bursting with color, Turmeric is taking the world by storm!

Bright orange turmeric is overloaded with antioxidants (curcuminoids) that support immune and cardio health.

Power up your body with the awesomeness of orange!

This popular spice has been used in traditional Ayurvedic medicine for thousands of years to support a healthy inflammatory response as it nourishes the immune, circulatory and glandular systems.

Strengthen your body's daily defenses!

Turmeric Curcumin harnesses the antioxidant power of turmeric extract to support joint comfort, gut health, brain function, skin health, as well as immune system function.

As an Herbal Leader, Nature's Sunshine flipped the script on the Turmeric and Curcumin product offerings.

While most competing products deliver high levels of turmeric and low levels of turmeric extract, Nature's Sunshine delivers turmeric root and HIGHER levels of the antioxidant-rich turmeric extract!

And, Nature's Sunshine Turmeric Curcumin is clinically studied and proven to deliver superior absorption and effectiveness.

One serving (just 2 capsules) of Turmeric Curcumin is equivalent to 32,000 mg of whole root turmeric!

As an added benefit, we enhanced Turmeric Curcumin with black pepper extract. A black pepper fruit extract from the *Piper nigrum* species, black pepper has been added to increase curcumin's absorption. Black pepper is a powerful antioxidant and may also aid with some occasional digestive discomfort.

Turmeric spice has a history that goes back nearly 4,000 years, from the Vedics who cooked with it in India, to its use in religious ceremonies in Southeast Asia, to Susruta's Ayurvedic Compendium (250 BC) that recommends a turmeric ointment to relieve "the effects of poisoned food." Marco Polo even described this spice in wonder, apparently stunned that its qualities were so similar to saffron.

What's in a name? Plenty. Today, turmeric is cultivated primarily in India where it's referred to as haldi or manjal. In many languages, people simply call it yellow root. In Sanskrit, there are at least 53 names

for turmeric. Some of the most interesting: bhadra (lucky), haridra (dear to hari, Lord Krishna) and jayanti (one that wins over diseases). No matter what you call it, turmeric is currently found in spice cabinets for cooking authentic Indian dishes. And in medicine cabinets for its absolute multitude of health benefits.

Curcumin is the primary active ingredient obtained from the rhizomes of the yellow curry spice turmeric (*Curcuma longa* L). Curcumin has been safely used for centuries in Indian Ayurvedic medicine. A potent antioxidant, curcumin supports a healthy inflammatory response and may help support joint, skin, brain and gut health as well as immune system function.

**Benefits:**

- Superior potency & delivery of antioxidant-rich Turmeric extract
- Supports the body's healthy inflammatory response
- Aids the circulatory system & supports cardiovascular function
- Supports joint, skin, brain & gut health Helps the body's natural immune response
- May promote healthy microbiome balance
- Black pepper extract improves bioavailability & absorption
- 1000 mg curcuminoids per serving (equals 32,000 mg whole root turmeric) N
- non-GMO & well-established ingredient sustainability

**Frequently Asked Questions (FAQs):**

CAN TURMERIC CURCUMIN BE TAKEN WITH OTHER PRODUCTS?

Yes, turmeric extract can be taken with many targeted system products from Nature's Sunshine. Whether it is joint health, immune system support or another targeted solution you seek, Turmeric Curcumin works synergistically with Nature's Sunshine products.

**Ingredients:**

Turmeric root and rhizome extract (providing 1,000 mg curcuminoids per serving), in a base of Black pepper fruit extract.

**Quality Assured:**

Nature's Sunshine, a leader in herbal tradition, spreads the sunshine by bringing a superior herb to your home.

We get our turmeric from an award-winning partner that is highly praised for both its botanical farming and supplychain transparency. The raw material is cultivated on Indian farmlands with good agricultural practices. As an ingredient, it has been recognized twice by the Nutrition Business Journal.

Our Turmeric Curcumin is also non-GMO and has well-established sustainability. We double-check that and about 500 other things to bring you the best!

**Recommended Use:**

Take 2 VegCaps daily.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.