

Marine Collagen (30 packets)
Stock #: 23356 Regular Price: 49.95
*Use code "NSP" to save 25% off your first order



Raise your glass to boosting beauty the natural way and say “goodbye” to dry and needy skin.

Nourish dry, needy skin from within.

Marine collagen peptides support critical collagen synthesis and skin elasticity to promote the appearance of healthy-looking skin.

Marine collagen may also improve the appearance of wrinkles!

Hydrate and support the appearance of your skin with every sip of NSP's Marine Collagen—all natural beauty protein.

Step up your beauty from within!

Marine collagen also supports joint health and helps maintain cartilage structure and integrity.

Nature's Sunshine Marine Collagen is sustainably sourced from Alaskan Pollock. Wild caught Alaskan pollock supplies pescatarianfriendly collagen. The pristine icy waters of Alaska supply responsibly sourced fish for your peace of mind.

We've added beauty-loving ingredients like hyaluronic acid, biotin and natural vitamin C to powerfully support the appearance of healthy looking skin. Hyaluronic acid and biotin support skin elasticity and hydration, while acerola fruit extract provides a punch of naturally occurring vitamin C to assist collagen synthesis.

Glow from the inside out!

Marine Collagen on-the-go stick packs mix easily into your favorite beverage—and your lifestyle!

How Does It Work?

Collagen is the single-most abundant protein in the body, comprising one-third of total proteins, and it forms the structural foundation upon which beauty is built. This fibrous protein of the extracellular matrix offers critical support for skin, hair and nails, enforcing the natural structure of these protein-based “body parts.” Many people who add Collagen to their regimen note that their hair seems to grow faster or it feels stronger, and nails get stronger too.

Collagen also supports both skin hydration and elasticity. When your skin is hydrated and more elastic, you tend to have a more youthful appearance. Human studies show that collagen supports skin health by promoting elasticity and hydration. These important benefits aid in promoting and maintaining a more youthful appearance.

Biotin is a B-vitamin that helps maintain normal skin and hair. Biotin is often recommended for supporting healthy hair and nails and is included in many cosmetic products for hair and skin. The word “biotin” comes from the ancient Greek word “biotos,” which means “life” or “sustenance.” Biotin is found in many foods, including eggs, milk, liver, salmon, carrots, cauliflower, sweet potatoes and bananas.

Hyaluronic acid (HA) improves skin hydration and supports skin elasticity. HA supports skin health and promotes the growth of skin cells and tissue. HA also plays a crucial role in joint motion and the maintenance of joint homeostasis. HA promotes the viscosity and elasticity of the fluid surrounding the joints to help keep the joints lubricated. HA occurs naturally throughout the body and is an important component of synovial fluid, cartilage and skin.

Vitamin C supports collagen synthesis and helps maintain skin integrity. Without vitamin C, the body cannot make collagen, the substance that holds the body’s cells together. Vitamin C is also a powerful antioxidant that quenches free radicals to give skin a healthier look.

Niacin is a B-vitamin that contributes to maintenance of normal skin and hair. Niacin plays an important role in the building of keratin, a protein that maintains skin health, and may help boost skin hydration. Niacin may also help skin to appear smoother and brighter. Plus, niacin supports joint health, blood circulation, and helps the body utilize carbs, proteins and fats for energy.

Silica, a trace mineral, is essential for the formation of collagen and elastin. It is found in highest amounts in the hair and skin. Silica is important in the building and normal repair of healthy connective tissue. It enhances collagen synthesis and improves the absorption and use of calcium.

Benefits:

- Supports the appearance of healthy-looking skin*
- Improves skin hydration & supports skin elasticity*
- Assists collagen synthesis in the skin*
- Maintains healthy hair & nails*
- Supports bone & joint health*
- 5.5 grams of pristine marine collagen peptides per serving
- Non-GMO, dairy-free, gluten-free, soy-free, Keto-friendly, no sugar added
- Featuring sustainably sourced, wild-caught Alaskan pollock...with hyaluronic acid, vitamin C & niacin for extra beauty benefits
- Unflavored formula can be mixed into water, protein shakes & smoothies - diverse functionality!

Frequently Asked Questions (FAQs):

What is Collagen?

Collagen is a fibrous protein of the extracellular matrix that provides structural support and tensile strength to tissues such as skin, tendons, ligaments and bones. Collagen is made up of key amino acids that help form the characteristic, fiber-like structure of collagen.

How soon should I start seeing and feeling the benefits of Collagen?

Each person's body reacts to and absorbs collagen differently. In clinical studies, benefits of collagen supplementation have been seen over a period of 1–2 months.

What are the benefits of collagen supplementation?

Research shows that supplementation with collagen peptides has a positive influence on skin elasticity and hydration. Collagen supplementation has also been shown to support joint health and improve subjective wellbeing. Preliminary studies also support the benefits of collagen on gut health.

What are the main sources of Collagen?

Collagen can be derived from bovine, porcine, chicken and marine sources. Clinical studies have been performed using both bovine and fish collagen. Individuals allergic to fish may prefer to use bovine collagen.

Ingredients:

Marine collagen (from Alaskan Pollock), Vitamin C (from Acerola fruit extract), Niacin, Biotin, Hyaluronic acid, and Silica (from Bamboo).

Quality Assured:

Quality matters. Alaskan pollock is the most abundant wild fish in the state and is managed wisely to prevent overfishing. The pristine and icy water sources supply pure and nutritious pollock. After harvest, fish are processed in safe facilities that are regulated by state law where they undergo rigorous screening for contaminants. Plus, wild Alaskan pollock is among the most climate-friendly protein sources.

Nature's Sunshine Quality Assurance staff sources the world's purest ingredients, no matter where they are grown, to ensure the active nutrients are delivered just as nature intended.

Better ingredients mean better products...so you can get back to feeling the power of nature!

Recommended Use:

Unflavored formula can be mixed into water, protein shakes and smoothies.

Mix 1 on-the-go stick into your favorite hot or cold beverage. Use daily for best results.

Warning: Consult your health care practitioner if pregnant or lactating or have any allergies.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent disease.