

Power Meal – Vanilla
(855 grams)

Stock #: 23533 Regular Price: 54.95 *Use code "NSP" to save 25% off your first order
Product Options Power Meal – Chocolate; Power Meal - Vanilla

Superfood Whole Body Shake

Looking for a quick nutrient-dense meal on-the-go, or trying to manage your weight?

Want to maximize your protein and fiber intake for peak performance?

Introducing Power Meal, the best superfood whole body meal from the herbal experts!

We expertly crafted the most satisfying superfood shake you'll find anywhere.

Power Meal completely redefines what a healthy shake can be. While most wellness shakes skimp on flavor, Power Meal will make you wonder how something can taste so good while being so good for you at the same time.

Featuring premium plant protein, gut-friendly fiber, fruits & veggies, PLUS adaptogenic roots & a mushroom blend for immunity.

Power Meal combines top-quality ingredients into one convenient blend.

Our non-GMO plant & superfood protein works to power your metabolism & muscles and curb your hunger so you feel full longer.

And, healthy calories provide fuel with NO added sugars or processed, simple carbs. Instead, beneficial carbs, like dietary fiber from whole foods, roots, herbs and mushrooms, add to Power Meal's smart macro balance!

Power Meal's nourishing herbal root blend supports energy levels, healthy digestion & circulation, and helps boost your mood and focus.

With 10 essential vitamins & 10 effective minerals, Power Meal helps you meet your daily nutritional needs.

A powerhouse of micronutrients and antioxidants, naturally found in premium fruits & veggies (including 5 types of berries) amplifies the nutrient/benefit profile.

Power Meal provides 5 powerful, proven, organic mushrooms to activate both innate & adaptive immunity, along with 8 sources of plant-based fiber to support satiety and gut health.

Plus, pineapple bromelain works synergistically with all the gut-healthy fiber to aid digestion & comfort the stomach.

All of this goodness is swirled together in a heavenly chocolate or vanilla flavor, enhanced with cinnamon and stevia.

Whether you blend it up as a filling breakfast, snack, or healthy dessert, Power Meal makes nourishing your body easy and delicious.

No more chalky protein shakes or sad, soupy smoothies. Power Meal is here to elevate your wellness routine and supercharge your day.

Enjoy every delicious drop of Power Meal, packed with optimal nutrition to fuel everything from your busy days to your most epic adventures.

Benefits:

- Optimizes metabolic, digestive & immune health
- Supports lean muscle, endurance, immunity, gut health, focus & stress response
- Supports healthy weight management, energy & satiety
- Delivers 25g of plant protein with balanced, whole food macros & prebiotic fiber
- Non-GMO, 100% Vegan, Gluten-free, Zero added sugar or artificial sweeteners
- Features plant-based calories from whole foods, roots, herbs & mushrooms

Why Power Meal?

Better Nutrition:

- Premium plant protein with balanced carbs & fat so you feel more daily power
- Helpful calories come from whole foods, roots, herbs & mushrooms
- Formulated by herbalists, scientists & health practitioners

Better Performance:

- Strength & endurance support from premium plant protein
- Mood, digestion & immunity support from roots, mushrooms & plant superfoods
- Gut health & satiety from upcycled fiber & comforting enzymes

Better Taste:

- Smooth, creamy, mouth-watering Vanilla or Chocolate options
- No sugar added, no artificial sweeteners & tasty to the last drop

Ingredients:

Premium Superfood Protein blend (Chickpea protein, Pea protein, Spirulina, Chlorella); Gut Health Fiber blend (Acacia fiber, Apple fiber, Carrot fiber, Blueberry fiber, Cranberry fiber); Whole Food Herb and Root blend (Burdock root, Ashwagandha root, Turmeric root, Dandelion root, Red beet root, Ginger rhizome, Maca root extract, Korean ginseng root extract); Organic Super Immunity Mushroom blend (reishi, cordyceps, turkey tail, chaga, shiitake); Superfood, Fruit and Greens blend (Carrot, Spinach, Cinnamon, Organic broccoli, Organic broccoli sprouts, Organic kale, Organic juice solids, Orange peel oil, Organic strawberry, Organic raspberry, Organic blueberry, Organic tart cherry, Organic elderberry, Organic cranberry, Organic tomato); Stomach Comfort Digestive Enzyme (Pineapple fruit bromelain (protease)); Other ingredients (Sunflower oil, Natural flavors, Gum blend (Guar gum, Acacia, Xanthan gum), Maltodextrin, Steviol glycosides (rebaudiosides M, A), Silicon dioxide, Dicalcium phosphate, Sunflower lecithin).

Quality Assured:

Nature's Sunshine Quality Assurance staff sources the world's purest ingredients, no matter where they are grown, to ensure the active nutrients are delivered just as nature intended.

Better ingredients mean better products...so you can get back to feeling the power of nature!

Recommended Use:

Mix 2 rounded scoops (57g) in 12-16 ounces of water or beverage of choice.

Store in a cool, dry place. Keep out of reach of children.

Superior Benefits	POWER MEAL	TOP COMPETITOR
Supports muscle, energy, & mental function	✓	✓
Supports immunity, heart, digestive & gut health	✓	✓
Extends satiety (feel full longer)	✓	
Voted "Superior Taste"*	✓	
Less sugar, more fiber	✓	

Superior Ingredients	POWER MEAL	TOP COMPETITOR
25g plant protein	✓	✓
100% vegan superfoods blend	✓	✓
Zero added sugar	✓	
~2x more fiber	✓	
Superior whole food sources	✓	
Adaptogens & immunity mushrooms	✓	

*According to taste study (randomized; sequential monadic; 2022)

Supplement Facts

Serving Size 2 Rounded Scoops (57 g)

Servings Per Container 15

Amount per Serving	% Daily Value**	Amount per Serving	% Daily Value**
Calories	210	Folate	317 mcg DFE (190 mcg as Folic Acid) 79%
Total Fat	5 g 6%	Vitamin B ₁₂	2.5 mcg 104%
Saturated Fat	0.5 g 3%	Biotin	30 mcg 100%
Trans Fat	0 g	Pantothenic Acid	5.4 mg 108%
Sodium	300 mg 13%	Calcium	120 mg 9%
Total Carbohydrate	21 g 8%	Iron	6 mg 33%
Dietary Fiber	9 g 32%	Iodine	120 mcg 80%
Total Sugars	1 g	Zinc	11 mg 100%
Includes 0 g Added Sugars		Selenium	43 mcg 78%
Protein	25 g 50%	Copper	1 mg 111%
Vitamin A	380 mcg RAE 42%	Manganese	2.2 mg 96%
Vitamin D	17 mcg 85%	Chromium	33 mcg 94%
Thiamin	1.3 mg 108%	Molybdenum	43 mcg 96%
Riboflavin	1.4 mg 108%	Potassium	390 mg 8%
Niacin	15 mg NE 94%		
Vitamin B ₆	1.9 mg 112%		

Premium Superfood Protein Blend*: 34 g †

Chickpea Protein, Pea Protein, Spirulina, Chlorella

Gut Health Fiber Blend*: 7 g †

Acacia fiber, Apple Fiber, Carrot Fiber, Blueberry Fiber, Cranberry Fiber

Whole Food Herb and Root Blend*: 3023 mg †

Burdock Root, Ashwagandha Root, Turmeric Root, Dandelion Root, Red Beet Root, Ginger Rhizome, Maca Root Extract, Korean Ginseng Root Extract

Organic Super Immunity Mushroom Blend*: 568 mg †

Organic Reishi, Organic Cordyceps, Organic Turkey Tail, Organic Chaga, Organic Shitake

Superfood, Fruit and Greens Blend*: 1210 mg †

Carrot, Spinach, Cinnamon, Organic Broccoli, Organic Broccoli Sprouts, Organic Kale, Organic Juice Solids, Orange Peel Oil, Organic Strawberry, Organic Raspberry, Organic Blueberry, Organic Tart Cherry, Organic Elderberry, Organic Cranberry, Organic Tomato

Stomach Comfort Digestive Enzyme*: 114 mg †

Pineapple Fruit Bromelain (protease)

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

Other Ingredients: Sunflower oil, natural flavors, gum blend (guar gum, gum acacia, xanthan gum), maltodextrin, steviol glycosides (rebaudiosides M, A), silicon dioxide, dicalcium phosphate, sunflower lecithin.

