

Chinese KB-C TCM Concentrate (30 capsules)  
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Nourish your kidneys and strengthen your bones with this innovative Chinese blend

KB-C TCM is a concentrated formula containing specially selected Chinese herbs that strengthen the urinary and structural systems.

The Chinese herbs in KB-C TCM nourish the kidneys and may help to strengthen the bones.

This formula contains the same herbs found in KB-C but in a highly concentrated blend.

The Chinese name for KB-C TCM is called jian gu, which can be translated to mean “strengthen the bones.”

Traditional Chinese Medicine (TCM) philosophy names five distinct energies that permeate the body: Fire, Earth, Metal, Water and Wood.

In order to feel your best, these energies must be in balance.

In Traditional Chinese Medicine, this formula is designed to strengthen the water element and is used to eliminate water and provide extra joint support.

According to Eastern philosophy, life permits us to work with what we have on earth here and now—body and mind—in order to reclaim and maintain the innate energy and spirit that reside within us. Energy and spirit must be awakened, nurtured and balanced in order for life to flourish.

Water is the reservoir of life. It’s no wonder how important this energy is as it relates to your adrenal system, sexual health and kidneys.

To address your water element, try KB-C TCM (-), which is considered “water strengthening” in Chinese herbology.

Under TCM philosophy, KB-C TCM is designed to nourish the kidneys and may help to strengthen the bones, tendons and joints.

Eucommia has been used to support the liver, kidneys and muscles and to strengthen the lungs. Eucommia is also believed to support cardiovascular function. Chinese herbalists believe eucommia nourishes the kidney yang and the ligaments and bones. No single Western herb has been found to

substitute for these qualities.

Achyranthes grows in China, Japan, India and Nepal. Chinese herbalists believe achyranthes relieves the body of excess fluids and strengthens it. They hold that achyranthes strengthens the liver, kidneys, bones and tendons. Achyranthes has been used historically to encourage urinary flow, for certain gynecological needs, and for convalescence and comfort.

Drynaria is a fern and its rhizome has been used in Traditional Chinese Medicine for more than a thousand years to build bone strength and nourish healthy bones and tendons. One of the active ingredients in drynaria, a flavonoid compound called naringin, is the major bone-protective ingredient also found in citrus fruit.

Hoelen has been used for centuries in Traditional Chinese Medicine to “drain dampness” and increase urinary flow.

Astragalus is native to China, Mongolia and North Korea and is known as huang qi or yellow leader. This root has been used for more than 2,000 years and is still considered one of the 50 fundamental herbs of Traditional Chinese Medicine. Astragalus is used to help clear retained water from the body.

**Benefits:**

- Strengthens the urinary system.
- Supports the structural system, specifically the bones.
- May help the body restore energy.
- Sustainably sourced in partnership with local farmers.

**Ingredients:**

Proprietary blend of concentrated extracts of Eucommia bark, Broomrape stem, Achyranthes root, Drynaria rhizome, Hoelen sclerotium, Morinda root, Rehmannia root tuber, Sichuan teasel root, Asian ginseng root, Asiatic dogwood fruit without seeds, Astragalus root, Barrenwort leaf, Chinese yam rhizome, Dong quai root, Ligustrum fruit, Liquidambar fruit, Lycium fruit and Bai-zhu atractylodes rhizome.

**Quality Assured:**

Our Chinese herbal blends carefully follow the principles of ancient Chinese Medicine that have been practiced for more than two millennia.

For more than 35 years, we’ve partnered with the same incredible vendor to collaborate with farmers in traditional communities to bring only the finest herbs from China to the US. And we’ve conducted multiple on-site audits throughout the years to re-verify the quality of both their facility and herbs.

Our farmers are deeply attached to the land they have lived on and worked for generations, and they practice regenerative farming methods to preserve it for future use.

**Recommended Use:**

Take 1 capsule with a meal daily.

Pregnant or lactating women should consult their health care provider prior to taking this supplement.

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