

## Essential Shield Essential Oil Blend (15ml)

Stock #: 3887 Regular Price: 53.95



Shield yourself against the changing seasons with our protective ESSENTIAL SHIELD essential oil blend.

Featuring 100% pure oils from clove, eucalyptus, cinnamon, orange, lavender, lemon and pine.

Bring wellness to any space with ESSENTIAL SHIELD.

ESSENTIAL SHIELD can help soothe and penetrate during the changing seasons with its proprietary combination of 11 authentic, 100% pure essential oils.

Features: Orange, Clove, Eucalyptus, Cinnamon, Lavender, Lemon, Pine, Rosemary, Peppermint, Pink Grapefruit, Thyme essential oils

Orange oil can uplift and lighten the mood. Packed with a burst of mouthwatering citrus freshness, orange oil helps improve mood and reduce feelings of stress or anxiety.

Clove oil's spicy and rich aroma is instantly recognizable and is a trusted source for emotional relief. Clove oil can also help energize the mind and open the airways.

Eucalyptus oil has a purifying and invigorating scent that provides a stimulating experience for body and mind. It is also useful during the changing seasons.

Cinnamon oil is commonly used as an aromatic and a stimulant to combat fatigue and lift the mood. Cinnamon oil is also added to some antimicrobial or antifungal formulas. It can be diffused into a room to purify the air and bolster immunity.

Lavender oil has long been valued for its calming properties to help promote relaxation and relieve stress.

Lemon oil has a clean, crisp, zesty aroma is stimulating and elevating. Lemon oil has numerous uses, from boosting your immune system to providing mental stimulation, added energy and stress relief.

Pine oil offers a recharging, revitalizing aroma that is awakening and refreshing.

Wild rosemary oil has a refreshing aroma that helps combat emotional fatigue and may help stimulate memory. It has also been shown to be a remarkably strong antioxidant.

Peppermint oil supports mental performance and alertness. Inhaling peppermint oil can also clear the sinuses and may help reduce hunger cravings.

Pink grapefruit oil's fresh, tangy aroma awakens the senses and helps ease nervous exhaustion. Pink grapefruit is celebrated for its uplifting effects. Studies also suggest its aroma may even help suppress appetite.

Thyme oil has a penetrating, warm aroma that is often used to ease both mental and physical fatigue. Thyme oil contains relatively high amounts of thymol, the main constituent that provides thyme with its immune-boosting benefits. Inhaling thyme oil may also help relax the body and open the airways for easier breathing.

#### Benefits:

- Provides soothing & penetrating properties
- Useful during the changing seasons
- Provides a soothing aroma when diffused
- Apply topically with Carrier Oil or Hand & Body Lotion 100% pure essential oils of clove, eucalyptus, cinnamon, orange, lavender, lemon & pine

#### Ingredients:

100% pure essential oils of Orange peel, Clove bud, Eucalyptus leaf, Cinnamon bark, Lavender flower, Lemon whole fruit, Pine needle, Wild Rosemary leaf, Peppermint leaf and flower, Pink grapefruit peel, and Thyme leaf.

#### Quality Assured:

Nature's Sunshine Quality Assurance staff sources the world's purest ingredients, no matter where they are grown, to ensure the active nutrients are delivered just as nature intended. Hence, our oils often come from small, family-owned farms in developing regions as remote as Tunisia or Madagascar.

Botanical supply experts inspect these sites and, as with all of our oils, third party and in-house GC/MS testing verifies the materials are pure and free of contaminants like chemical pesticides, herbicides, fertilizers or other adulterants.

#### Recommended Use:

Essential oils may be used aromatically or topically in a variety of ways including diffusers, massage, compresses, baths, scrubs, lotions and sprays.

Essential oils should be diluted with Nature's Sunshine Massage Oil or Carrier Oil before applying topically.

Complementary Products: Flower Essences, Nature's Fresh Enzyme Spray, Aroma Ball Plug-in Diffuser, Carrier Oil, Massage Oil

#### Aromatherapy Recipes:

## "Breath of Life All-Natural Chest Rub"

### Ingredients:

- 5 drops Essential Shield
- 10 drops Breathe Deep
- 5 drops Ravintsara oil
- 5 drops Organic Lavender oil
- 4 oz. Hand & Body Lotion or Carrier Oil
- Amber glass jar with air-tight lid

### Directions:

1. Place Hand & Body Lotion or Carrier Oil in glass jar.
2. Add essential oils and mix to combine.