

HistaBlock (90 capsules)
Stock #: 776 Regular Price: 26.95



Don't let seasonal irritants and pollutants interrupt your life.

Block the havoc of pollen and seasonal irritants with the potent herbal HistaBlock® blend!

HistaBlock® provides nutrients that support healthy respiratory function as the body battles irritants, pollutants and toxins.

HistaBlock® also supports the body's efforts to maintain mucous membrane health, especially when seasonal irritants are plentiful.

This unique herbal blend features Stinging nettle, Quercetin, Bromelain and Bitter Orange to provide natural help with seasonal irritants, so you can breathe easier.

Powerful antioxidants in this formula help stabilize mast cells to support the health of the airway passages and mucous membranes and offer natural help with seasonal irritants. Mast cells are a type of white blood cell that play an important role in many inflammatory responses such as allergic reactions.

HistaBlock® stands out for two compelling reasons:

- The whole is greater than the sum of its parts—each ingredient strengthens this blend, providing nutrients to support respiratory health, fight free radicals, and help maintain clear nasal passages.
- HistaBlock® nettle grows wild in the Albanian mountains and is carefully hand-harvested.

Don't get "stung" by respiratory challenges. Support them with HistaBlock®...only from Nature's Sunshine.

Stinging nettle provides well-known support against seasonal airborne substances. Nettle has a long history of supporting respiratory health, helping to reduce sneezing and itching caused by seasonal irritants. Researchers believe nettle may work by helping to lower the amount of histamine the body produces in response to an allergen. Interestingly, the medical term urticaria (commonly called hives) is a close derivative of the Latin name for nettle, *Urtica dioica*. And, did you know that the nettle plant can help alleviate the very skin reaction it causes? Making a tea of nettle root to wash irritated skin can offer immense relief to the affected area. Leave it to nature to offer up a quick herbal solution!

Quercetin is a powerful antioxidant flavonoid found in apples, onions and black tea. Quercetin has been

used for its reputed effects in supporting the respiratory system and fighting free radicals. Quercetin may help stabilize mast cells that release compounds when exposed to irritants. Quercetin also helps vitamin C work longer.

Bitter orange contains synephrine, which helps the body support open airways. Synephrine possesses properties somewhat similar to the alkaloid ephedrine (used in over-the-counter decongestant preparations) in providing respiratory support, but it acts much more mildly in the body. Bitter orange also provides other nutrients for respiratory support. Bitter orange is commonly used in Traditional Chinese Medicine to reduce excess phlegm and help relieve respiratory congestion.

Bromelain is an enzyme that works to help reduce the swelling of mucous membranes during times of respiratory stress. Bromelain helps maintain clear nasal passages and also helps support healthy immune system function.

Benefits:

- Respiratory system support, especially during seasonal changes
- Promotes healthy airways for better breathing
- Supports mucous membranes
- Neutralizes free radicals

Ingredients:

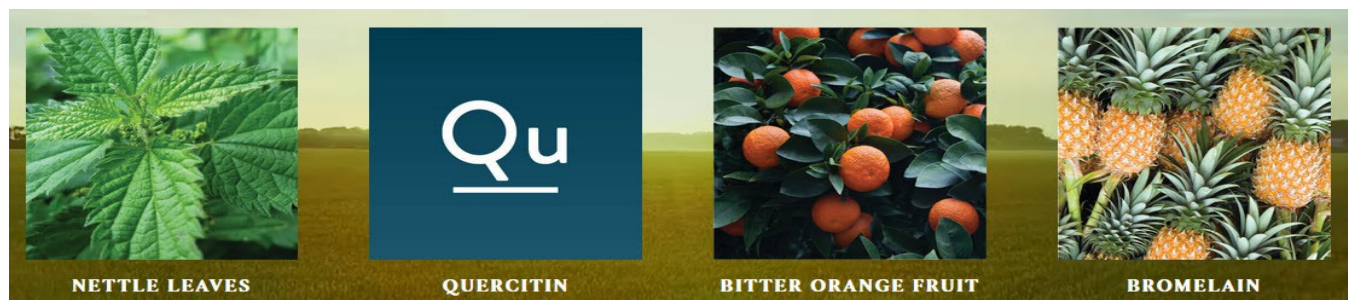
Proprietary blend of Nettle leaves, Quercetin (from Sophora japonica fruit), Bitter Orange fruit and Bromelain (from pineapple fruit).

Quality Assured:

HistaBlock® nettle grows wild in the Albanian mountains. Our partner there has a specially trained team that carefully traverses the hills, collecting these precious leaves while protecting the biodiversity of the region. They ensure crop sustainability by closely monitoring the harvest and proudly employ women in positions throughout the company.

Recommended Use:

Take 2 capsules twice daily.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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