

Ayurvedic Blood Sugar Formula (100 capsules)
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Maintain blood sugar levels already in the normal range naturally and provide herbal support to the liver and pancreas with Ayurvedic Blood Sugar Formula.

The blood supplies a certain amount of glucose to the body in order to maintain optimal energy levels.

The level of glucose in the blood is largely determined by liver and pancreatic function.

This authentic blend supports these vital organs, honoring the ancient Ayurvedic philosophy of restoring balance, providing nutrients for glandular support, and supporting blood sugar levels.

Ayurveda is one of the world's oldest recorded systems of natural health preserved through the ages on scrolls and manuscripts. In Sanskrit, the word ayurveda consists of the words Äyus, meaning "longevity", and veda, meaning "related to knowledge" or "science".

Over the centuries, Ayurvedic practitioners have developed a number of medicinal preparations for the treatment of various ailments and diseases.

The Ayurvedic view of physical and mental well-being—a healthy way of living—has experienced a renewed interest as people take a proactive approach to their personal health.

Nature's Sunshine authentic formula, developed in concert with Indian Ayurvedic masters with herbs direct from India, is true to the Ayurvedic philosophy of

restoring balance to the body.

The herbs found in Ayurvedic Blood Sugar Formula provide herbs traditionally used to support the glandular system, including the pancreas.

Gymnema leaf has been used in Ayurveda for many centuries. Its Hindi nickname gurmar means “destroyer of sugar.” It was used traditionally to support the digestive system and as a liver tonic. Other names for this plant include gurmarbooti, kavali and Australian cowplant.

Bitter melon fruit was first used in India and in Ayurvedic Medicine. It was added to TCM about 700 years ago when the Chinese discovered that its bitter juice offered support for digestive system troubles and the respiratory system. This fruit has also been used in African and Turkish folk medicine.

Turmeric is used in Indian and Chinese medicine and is a major component of curry powder. Curcumin, an active ingredient in turmeric root, has been studied extensively for its beneficial effects on health. A potent antioxidant, curcumin supports a healthy inflammatory response and may help support joint, skin, brain and gut health as well as immune system function.

The Greeks and Romans fed fenugreek to their cattle (part of its Latin name, *foenum graecum*, means Greek hay). Fenugreek is commonly used to support digestion and may also help in the management of metabolic health. Its blood-sugar benefits have only been recently discovered.

Benefits:

- Supports the pancreas.
- Supports normal-range blood sugar levels.
- Provides glandular support
- Features sustainably sourced, non-GMO botanicals

Ingredients:

Proprietary blend of Gymnema leaf and leaf extract, Bitter melon fruit bark extract, Indian Kino tree gum extract, Bael tree leaf extract, *Enicostemma* herb extract, *Andrographis* herb extract, Jambolan seed extract, Turmeric rhizome extract, Fenugreek seed extract, Neem leaf extract, *Picrorhiza* root extract, *Cyperus* tuber extract.

Quality Assured:

When you want quality products, you start with quality ingredients. Take for instance our gymnema leaves, a vital ingredient in Blood Sugar Formula.

Gymnema plants thrive in the shady, moist zones of India, where this crop is carefully cultivated to receive both vegan and non-GMO status. Our supplier tests all raw material to ensure that it's free from allergens, microbes and heavy metals. And our expert in-house QA staff verifies both purity and potency.

Our gymnema leaf is also certified Kosher and Halal. And it's ethically sourced, because that's what you want...and we do too.

Recommended Use:

Take 2 capsules with a meal three times daily.

Pregnant or lactating women should consult their health care professional prior to taking this supplement.

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